

Well, here we are, less than a week to the start line, and hopefully you are feeling at least a little bit prepared to get Munted! We have been up and around Marokopa a lot recently, it's only fair to do the setting on the hottest of all days so as to get the same feeling that you will have in the heat of the day a long way from the coastal sea breezes...

The course is all set, the maps are printed and we can't wait to see you all at Marokopa. For the 12 and 24 hour teams, we will have the briefing at the Marokopa Hall on Friday night at 8pm, you are welcome any time after 6:30pm, there are the usual admin tasks to complete and the bar will be open for pre-race hydration. Vaccine passports and masks will be needed too.

Maps will be given out at the briefing and any questions clarified.

For those unable to make the Marokopa Hall briefing, we will be able to get you up to speed either at the campsite later that evening (around 9:30 at a guess) or early on Saturday morning.

If you are using the campsite, you are welcome anytime after 4pm Friday. If you arrive earlier, you will be given a job mustering or with the shearing crew. There are plenty of flatish areas sprinkled around the woolshed base area, but please remember to bring all you need for sleeping and eating. Portaloos are available and a bbq hot plate too.

All teams need to ensure that the last thing you do before leaving civilisation (eg Awakino, Te Kuiti, Otorohanga) is **FILL UP YOUR PETROL TANK!** The support crew will be covering a few kms and getting caught short is no fun. Make sure you have enough food and drink as again there are no facilities in the area (and sadly no coffee carts either..)

## 6 Hour Teams:

The race start time is 10:30am, the start location is about 90mins drive from Hamilton, or 2:20hrs from New Plymouth, so give yourself plenty of time if driving up in the morning, aim to be at the start location (revealed Thursday evening) between 9- 9:30am, the admin is light and you will get to see the start of the 24 hour race as an extra bonus (and be glad it's them running off with massive packs and not you!)

## 24 Hour Non Packrafting teams and 12 Hour Non Paddling teams:

If you can source some type of water craft, eg sit on top kayaks, then you are welcome to paddle the river sections just to keep cool as well as a bit more fun. The logistics are easy for support crew and it could save a few extra kms on the bike!

**24 hour gear**: The forecast is looking pretty warm and clear, so will most likely downgrade the overnight gear carrying requirements (ie wont need to carry a sleeping bag each) but will clarify this at briefing on Friday.

Bring plenty of sunblock, water and electrolytes!!

Catch you all Friday or Saturday,

Matt, Nev, Shaun and Munter crew.